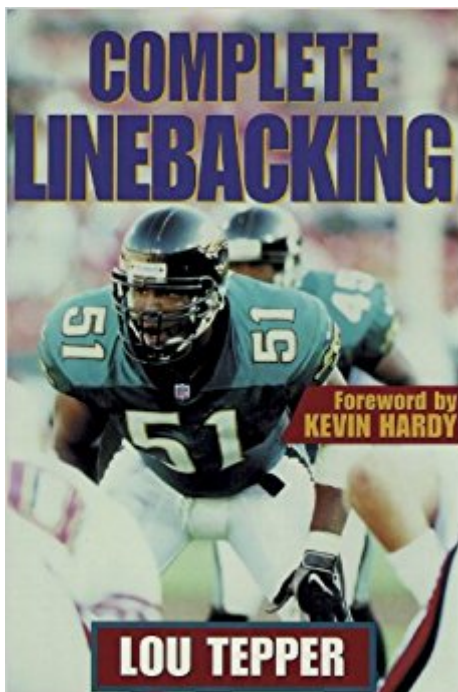


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# Complete Linebacking



## Synopsis

The linebacker position is more challenging than ever, whether a player is taking on a 320-pound lineman or covering a speedy receiver. In *Complete Linebacking*, Lou Tepper tells and shows how to excel at one of the game's most demanding positions. Tepper has coached three Butkus Award winners-Alfred Williams, Dana Howard, and Kevin Hardy-plus one Butkus runner-up and 20 linebackers who have gone on to play in the NFL. In his 30 years of college coaching, Tepper's defenses have consistently been top-ranked nationally. The book describes in depth and illustrates clearly the fundamentals, pre-snap keys, and techniques used by any inside or outside linebacker in a specific defense. A special teaching section explains how to prepare quality practices and meetings to maximize learning and performance. *Complete Linebacking* provides full coverage for coaching and playing the position, including:- the qualities needed to play linebacker;- fundamental skills for all linebackers, regardless of the team's scheme;- keys to look for in an offense for clues about the upcoming play before the ball is snapped; - tips for teaching the linebacker position in team meetings and practices; and- a grading system to evaluate performance. The book also includes four key linebacker ability tests and 33 drills to measure and improve position-specific skills. More than 200 diagrams and photographs illustrate Tepper's detailed explanations. No other book has ever addressed this subject in such depth. *Complete Linebacking* is an essential book for every coach's library.

## Book Information

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## Customer Reviews

""""One of the most comprehensive position books I have ever read, by one of the game's best to

have ever coached the position! Lou Tepper's book on linebacker play is a must for every coach's library and also would be a great supplement for their players' notebooks. Some of Lou's ideas and concepts and drills have certainly influenced our thinking about linebacker play here at the Academy."Fisher DeBerryHead CoachUnited States Air Force Academy "Lou's linebackers consistently play as well or better than other linebackers I've seen, and they aren't always the most talented. The answers to how and why they perform so well are in this book. You're in for a learning experience."Dick VermeilHead CoachSt. Louis Rams "

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I'm not sure why LSU fans are responding to this book, as the failure of a team isn't solely because of a single coach. Football is the biggest team sport, which in fact, makes it the greatest and probably most difficult sport to manage. This book is about linebackers, not creating or implementing a defensive scheme. It's not the best book I have read, but it will certainly have a place in my football library. Overall, Tepper has developed a book that I believe is easy to understand, apply to your practices/program, and increase your linebacker productivity. Some of his techniques I do not completely agree upon, and some of them are not applicable to every defensive scheme, but all-in-all, Tepper puts his heart in to this book.

Really great for coaches. Great book and does cover all of linebacking but some places in the book there are terms that get kind of confusing, also there are drills that cover all the skills to being a great linebacker. Even though its for coaches its still really good for players.

Good book on coaching both inside and outside linebackers. Tepper touches on a little basic defensive philosophy as well. Book is older but the information is still useful and applicable.

This is a REALLY good book for anyone trying to learn more about the linebacker position either from the coaching or playing point-of-views. Well written & easy to understand & put together by a guy who has proven he knows how to coach LB's.

Coach Teppers book is as complete a book as I have ever read on a system of coaching defensive football. I wish I could have an afternoon with Coach Tepper to further discuss defensive football

Good book by a good guy. The Lou Tepper knows his stuff when it comes to linebacking. Nice job "Wormboy".

I concur with the other reviewer that the negative reviews of Coach Tepper's book come exclusively from whiny LSU fans. It is not helpful in any way to claim "This guy is lost." or to point to Coach Tepper's defensive record at one lower echelon school when reviewing the book. The issue is whether or not you, as a reader, found the book helpful and insightful, not whether or not you, as a fan, think the Tigers' defense was poor. I found this book EXTREMELY helpful. In almost every defense in modern football, linebacker is the most important position. They must have the speed of the defensive backs, the intelligence of the quarterback, the might of the linemen, and the fearlessness of the running backs, and they must use every bit of it on every play. This book will give you the information needed to not only find these traits in the players that have it already, but evoke them in the players that don't quite have it yet. Diagrammed on page seven is a drill called the "Jingle Jangle" that, in itself, is worth the price of the book, since it will greatly assist in determining which of your players has "change of direction" ability and speed. Both man to man and zone coverage skills are described in great detail, and drills are shown to effectively teach these defensive systems. I greatly recommend this book to anyone who coaches football. It will have an immediate impact on your defense, regardless of the specific system you run. Good luck, "Coach" Wade

The book does a great job of building a strong base for good linebacker play. It is a perfect mix of basics and advanced ideas for football coaches

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